

Gower Gardens

Residential & Dementia Care Home







Welcome to Gower Gardens

We are a trusted and well respected care service providing a safe home and excellent care to people in the heart of the Black Country.

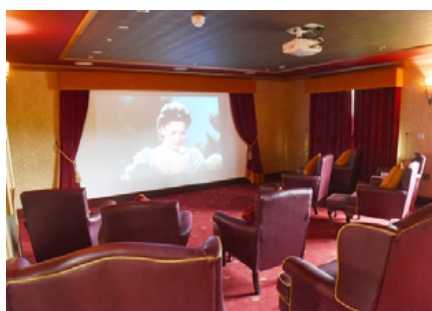
Gower Gardens is a purpose built care home, offering high quality residential and dementia care in a stylish and homely environment.

The home provides 66 en-suite rooms, all furnished to the highest standard across three floors. Our range of lounges and quiet rooms means individuals are able to enjoy a varied lifestyle. Within the home

there is also a purpose built cinema room, on-site hairdressing facility and a café area.

Understanding needs

Our aim is to provide the right care, tailored to meet residents' individual needs and preferences. We want to support residents to maximise their independence.





Meaningful lifestyles

Living a meaningful lifestyle is essential in care. At Gower Gardens we offer both physical and mental stimulation and enjoyment.

Quality of life is important to us all - from being able to choose what we would like to eat to how we would like to spend our days.

We get to know our residents, what engages them and gives them purpose. By understanding their capabilities we're able to personalise our activity plan.

We believe activities that reflect individual interests, such as hobbies and social activities, bring pleasure and fulfilment.

We feel strongly about involving all residents and with a little encouragement, we can achieve this.

Activities and events

Our Activities Co-ordinator has designed a varied program to meet the needs and interests of all residents. All activities whether group or individual are designed to not only mentally stimulate but also meet physical needs.

Fresh, nutritious and tasty



A good, healthy diet is essential. We work hard to ensure all dietary needs are catered for.

Our seasonal dining menu allows us to offer the freshest produce. Wherever possible we use specialist local suppliers for meat, dairy products and vegetables rather than large commercial catering organisations.

All food is prepared on-site in our kitchen by our qualified and experienced kitchen team. Residents can eat in our lounge rooms with friends and family, a member of staff, or in their own rooms should they choose to. Drinks and snacks are available throughout the day.

Dietary needs

We offer a wide variety of choice on our menus and also provide menus for individual dietary requirements to ensure all residents have essential nutrients and a balanced diet.





24-hour high quality care

Our care team are highly trained and dedicated, promoting personal choice and independence.

Dementia care is simple, look behind the word dementia and see the person. There are many types of dementia and there will always be a reason for the way a person with dementia thinks and behaves, and it's up to us as a care team to see what that reason may be.

We get to know that person, what makes them happy, sad, frightened, and comforted. People with dementia need routine and it should be their routine not ours.

Tailored to you or your loved ones

Our care starts with you, or your loved ones personal needs. Each of us is unique we encourage you to choose how your care is planned and delivered.

Person-centered care is built around preferences and needs and we always strive to understand the important details.

What we offer

- 24 hour high quality residential and dementia care that promotes personal choice
 - 66 comfortable bedrooms, each with an en-suite bathroom, a flat screen TV, mini fridge and telephone point
 - Lots of activities and entertainment, including a purpose built cinema room
 - Contemporary on-site hairdressing facility and café area
 - Delightful landscaped sensory gardens which have seating areas for sunny days
 - Wifi throughout the home
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“The carers are very good and are very caring towards everyone.”

Resident's family member





We would love to show you around!

Please feel free to come along and take a tour of our home. You will have a chance to see our facilities and have a chat to the team. If you are interested in arranging a tour, **0121 289 3965** or email gowergardens@bchg.co.uk.



Part of

**Black Country
Housing Group**

How to contact us:



T: 0121 289 3965



E: gowergardens@bchg.co.uk



W: www.bchg.co.uk



Gower Gardens Care Home

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